

## LOCAL/STATE BRIEFS

### S.A. firms win construction awards

Two San Antonio construction firms have won national Excellence in Construction Awards from the Associated Builders & Contractors.

Middleman Construction Co. won a first-place award in the \$10 million to \$25 million commercial construction category for work on the La Arcata Development.

La Arcata is a 10-acre Tuscan-themed office and retail development with crumbled sandstone masonry, clay tile roofing and ornamental metal work. It is located at the intersection of Stone Oak Parkway and Loop 1604.

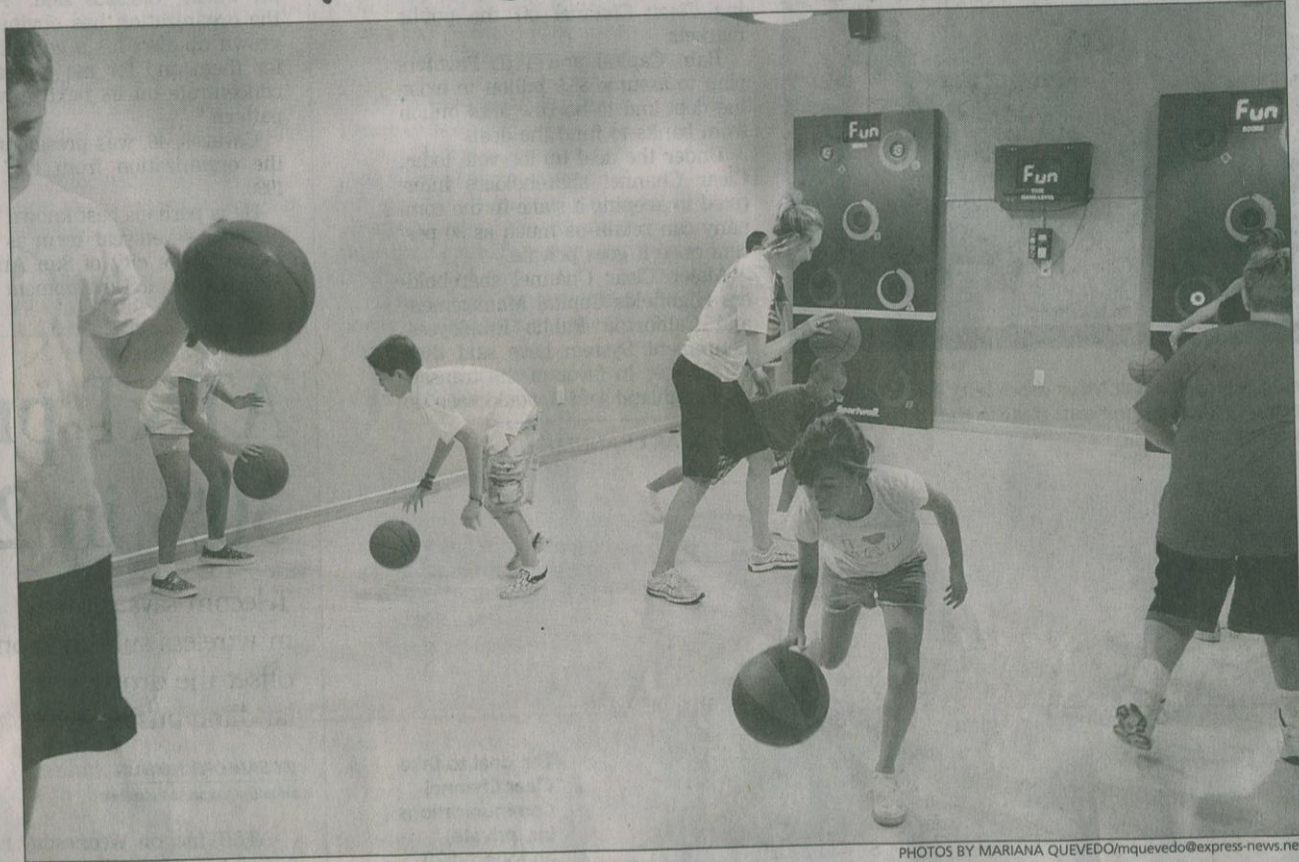
SpawGlass Contractors Inc. received a first-place award in the \$25 million to \$99 million category for its work on the McAllen Convention Center in McAllen, which has a 60,000-square-foot exhibit hall with infrastructure to support 120 acres of future site development.

Representatives of both companies received the award last month at a celebration at the National Building Museum in Washington, D.C. The award honors all construction team members, including the contractor, owner, architect and engineer.

### Bluegreen shares jump

## NEW TO THE MARKET

# NexGym gets kids moving



PHOTOS BY MARIANA QUEVEDO/mquevedo@express-news.net

NexGym students play knock-out at NexGym near Stone Oak. NexGym is designed with video games that give kids a real workout. Not only do kids play virtually, they also work in fitness classes and have nutrition and health workshops.

Profit will be used to help small-contract price tact (210) 207 nio.gov/edd.

**JULY 31**

**LUNCHEON — T**  
**MOBILITY COAL**  
Sunset Station  
"Fast Track" features station sica Castiglic gamba, engineer partment of Milloy executive San Antonio Rail District. for others. C

**AUG. 1**

**LUNCHEON — T**  
**ANTONIO CHAI**  
a.m.-1 p.m., Alamo Ballroom chamber pre-guest speaker son, R-Texas for prospect 2129.

**AUG. 5**

**LUNCHEON — MANUFACTUR**  
a.m.-1 p.m., St. This morning Keith Phillip Federal Reserve present "The Now and In bers and speakers. Cor ma-tx.org.

**AUG. 7**

**NETWORKING**  
**ANTONIO CHAI**  
a.m. registration Sunset Station merce St. breakfast Steven Scott the San Antonio speak on improvement and \$25 for

**MEETING —**  
**CONTINGENT**  
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## Bluegreen shares jump on acquisition news

Bluegreen Corp., a developer and seller of time-share vacation properties, almost doubled in New York trading after agreeing to sell itself to closely held Diamond Resorts International for \$500 million.

Bluegreen has developed three upscale communities in the San Antonio area and also has communities near Dallas, Fort Worth, Houston, Luling and College Station.

Bluegreen, based in Boca Raton, Fla., rose \$5.81, or 90 percent, to \$12.25 in New York Stock Exchange trading.

## Valero cuts production due to stormy gulf

San Antonio-based Valero Energy Corp. has reduced production rates at refineries in Port Arthur and Houston because ships bearing crude oil for the plants are stalled in the Gulf of Mexico. Stormy seas created by Hurricane Dolly are preventing the vessels from reaching the Texas coast.

"We don't have a timetable for getting back to regular rates," spokesman Bill Day said, but the company plans to return to full production soon.

Valero, the nation's largest refiner, has 16 plants, including six in Texas. Its Port Arthur plant has a capacity of 325,000 barrels a day and the Houston plant 130,000 barrels a day.

## New wine vendor coming to Park Oaks

Water2Wine, a wine vendor that offers tasting and custom

## North Central facility combines exercise with games, will hold grand opening this weekend.

BY ADOLFO PESQUERA  
apesquera@express-news.net

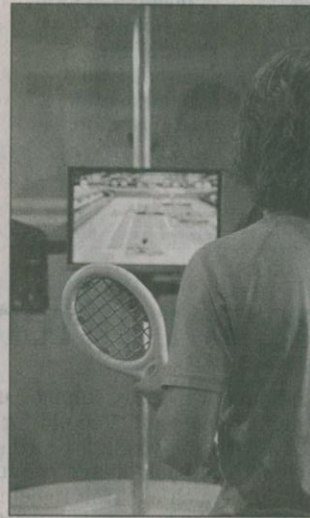
There's nothing subtle about NexGym, with its phosphorescent lemon-lime green color scheme and electronic games meant to appeal to wired-in youngsters.

What makes those games different is that they are aimed at helping kids with video-laden, sedentary lifestyles.

The San Antonio location near Stone Oak is literally kid-powered. The games there involve pushing bike pedals, or balancing on a skateboard or a ball.

Michelle Flores left her 16-year human resources career to help her sons channel a healthier lifestyle without giving up their fun.

"I wanted to empower my two sons to improve their health and fitness, and provide that same opportunity to families across San Antonio,"



Esteban Ocha, 13, plays tennis with the Wii at NexGym recently. The facility will have its grand opening Saturday.

Flores said.

Flores loved the NexGym concept, and with her first summer camp in progress, it appears to be catching on with its target audience — children 6 to 14.

The gym offers a broad selection of game activities. The Makoto involves three metal pillars speckled with lights that must be tapped

with a pole. The player pivots constantly, eyes darting around, body lunging at lights to rack up the score.

There are Wii exercise games, GameBikes that need kid power to keep the video game in progress and a Dance Dance Revolution for the musical hopscotcher in every child.

A Treadwall — a vertical treadmill with perches to hold onto — keeps youngsters pulling themselves up. In addition to those and many other devices, there are also staff-guided group activities grounded in kinesiology.

Carol Linnebur, visiting the gym last week with her husband and 9-year-old son, Noah, said they were first exposed to NexGym at a spring fitness expo where Flores had a booth.

"We were driving by and saw it open," Linnebur said of their follow-up visit. "Noah had been asking about it."

Flores is holding a grand opening Saturday. She's offering a \$20-a-month discount on the full membership rate of \$79 a month to the first 50 children enrolled for full membership, which includes unlimited drop-ins and two supervised class workouts a

week.

The \$149 registration fee also is being waived on any child who is signed up on the first visit. Meanwhile, the gym has become a favorite hangout for Flores' oldest son, 11-year-old Taren Flores. He plays there every day and is a constant source of sales pitches.

"He's turned into my marketing genius," Flores said.

**About the business:** A physical activity center for children and 'tweens. It is a Dallas area-based franchise; there are three NexGyms in Texas and one in Portugal.

**Prices:** Regular rates for membership are \$79 or \$59 per month, or \$15 per two-hour, drop-in session

**Location and hours:** La Arcata shopping center, 115 N. Loop 1604 East; 9 a.m. to 8 p.m. Mon.-Fri., 10 a.m. to 4 p.m. Saturdays

**Ownership:** Michelle Flores, franchisee

**Contact information:** (210) 479-5989, www.nexgym.com

*If you have a business that's new to San Antonio, let us know about it. Contact Adolfo Pesquera at the above e-mail or Deputy Business Editor Heather Draper at hdraper@express-news.net.*

# Draper: Technology widens generational gap

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And let's say your boss has a Facebook page. Suddenly there's something

minute of the day, via cell phone, instant messenger or the Web. They "microblog"

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Austin

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Dallas

\$3.925

Houston

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Texas

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United St

\$4.042

\* Prices show  
last card swip  
Source: Ame

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